

take what you need

for double choir and string orchestra

Reena Esmail

Tenderly (♩=80) **A** Chorus 1 - Melody + Response

Aud. *Take a mo - ment Take a*

S. *SOLO: mf*
Take a mo - ment Take a breath

A. *Take a mo - ment Take a breath*

T. *Take a mo - ment Take a breath*

B. *Take a mo - ment Take a breath*

Tenderly (♩=80) **A** Chorus 1 - Melody + Response

Pno. *breath Take___ time Take___ care Take___ heart*

Aud. *breath Take___ time Take___ care Take___ heart*

S. *Take___ time Take___ care Take___ heart Take___*

A. *Take___ time Take___ care Take___ heart Take___*

T. *Take___ time Take___ care Take___ heart Take___*

B. *Take___ time Take___ care Take___ heart Take___*

Pno. *breath Take___ time Take___ care Take___ heart*

15

Aud. *Take___ hope Take a step Take a chance Take___*

S. *hope Take a step Take a chance Take___ cou - rage*

A. *mf*
na

T. *mf*
na

B. *mf*
na

Pno.



22

Aud. *cou - rage Take___ charge Take a stand Take___ pride*

S. *Take___ charge Take a stand Take___ pride Take___*

A. *na na na*

T. *na na na*

B. *na na na*

Pno.

29

Aud. Take___ joy Take___ pause Take a mo - ment Take a

S. joy Take_ pause Take a mo - ment Take a breath

A. na nu nu nu

T. na nu nu nu

B. na nu nu nu

Pno.

36

Aud. breath Take___ what you need Take___ what you

S. *mf* Take___ what you need Take___ what you need

A. *mf* Take what you need Take what you need

T. *mf* Take what you need Take what you need

B. *mf* Take what you need Take what you need

Pno.

4 40

Aud. need Take what you need

S. Take what you need Take what you need

A. Take what you need you need

T. Take what you need Take what you need

B. Take what you need you need

Pno.

Interludes are a warm, safe, supportive space that can be used in any way you'd like. They can be planned and rehearsed, or spontaneous. Invite audience members to answer a question. Ask members of the community to tell their stories. This is where Take What You Need becomes about and for your community.

45 **B** Interlude 1 (interludes were originally written for strings - in piano version, feel free to vamp or add more rhythm if playing slowly)

Pno. *mp* *mf* *mp*

55

Pno. *mf* *mp*

64

Pno. *mf*

71

Pno. *mf*

This loop is built into the piece in order to give community members the time and space they need to share. They should not feel constrained by a time limit or stressed out by having to hear musical cues. Loop as long as necessary in order to best support those who are using the space, and let the "Take What You Need" melody gently bring them to a natural cadence point.

repeat until conductor cue

77

Pno.

p *mf*

if going on
leap up to C

C Chorus 2 - Full Choir homophony

84

Aud.

S.

A.

T.

B.

mp

Take a mo- ment Take a breath Take time

C Chorus 2 - Full Choir homophony

Pno.

mp

90

Aud.

S.

A.

T.

B.

mf

time Take care Take heart Take hope

Take care Take heart Take hope Take a

C Chorus 2 - Full Choir homophony

Pno.

97

Aud. *mp* *mf*
 Take a step Take a chance Take_ cou- rage Take_

S. *mp* *mf*
 step_ Take a chance_ Take_ cou rage_ Take_ charge_

A. *mp* *mf*
 step_ Take a chance_ Take_ cou rage_ Take_ charge_

T. *mp* *mf*
 step_ Take a chance_ Take_ cou rage_ Take_ charge_

B. *mp* *mf*
 step_ Take a chance_ Take_ cou rage_ Take_ charge_

Pno.

104

Aud. *f*
 charge Take a stand Take_ pride Take_

S. *f*
 _ Take a stand_ Take_ pride_ Take_ joy_

A. *f*
 _ Take a stand_ Take_ pride_ Take_ joy_

T. *f*
 _ Take a stand_ Take_ pride_ Take_ joy_

B. *f*
 _ Take a stand_ Take_ pride_ Take_ joy_

Pno.

110

Aud. joy Take_ pause Take a mo ment Take a breath

S. *mp* Take_ pause Take a mo ment Take a breath Take_ what you

A. *mp* Take_ pause Take a mo ment Take a breath Take what you

T. *mp* Take_ pause Take a mo ment Take a breath Take what you

B. *mp* Take_ pause Take a mo ment Take a breath Take what you

Pno.

117

Aud. Take_ what you need Take_ what you need

S. *mf* need Take_ what you need Take_ what you

A. *mf* need Take what you need Take what you

T. *mf* need Take what you need Take what you

B. *mf* need Take what you need Take what you

Pno.

121

Aud. Take what you need

S. need Take what you need *mp*

A. need you need *mp*

T. need Take what you need *mp*

B. need you need *mp*

Pno.

125 **D Interlude 2** (same as Interlude 1 - this interlude was originally written for strings - in piano version, feel free to vamp or add more rhythm if playing slowly)

Pno. *mp* *mf* *mp*

135

Pno. *mf* *mp*

144

Pno. *mf*

151

Pno. *mf*

repeat until cond. cue

157

p *mf*

if going on
leap up to C

Pno.

164

E Chorus 3 - Double Choir / Florid

Aud. Take a mo ment Take a breath Take time

S. *f* soaring Take a mo - ment breath Take time Take time

A. *f* soaring *f* soaring Take a mo - ment breath Take a breath Take time Take time Take

T. *f* soaring Take a breath Take time

B. *f* soaring Take a breath Take time Take

S. *mp* Take a mo ment Take a breath Take time Take

A. *mp* Take a mo ment Take a breath Take time Take

T. *mp* Take a mo ment Take a breath Take time Take

B. *mp* Take a mo ment Take a breath Take time Take

E Chorus 3 - Double Choir / Florid

Pno.

171

Aud. *Take__ care Take__ heart Take__ hope Take a*

S. *care Take heart_____ Take__ hope Take a step_____*

A. *care_____ Take heart heart_____ Take__ hope Take_ a*

T. *Take__ care Take heart Take__ heart Take hope_____ Take a step*

B. *care Take__ care Take heart_____ Take hope_____ Take a step_____*

S. ***mf** care_____ Take__ heart_____ Take__ hope_____ Take a step_____ **mp***

A. ***mf** care_____ Take__ heart_____ Take__ hope_____ Take a step_____ **mp***

T. ***mf** care_____ Take__ heart_____ Take__ hope_____ Take a step_____ **mp***

B. ***mf** care_____ Take__ heart_____ Take__ hope_____ Take a step_____ **mp***

Pno.

178

Aud. step Take a chance Take cou - rage Take

S. Take a chance Take Take cou-rage charge

A. step Take a chance Take cou-rage Take cou - rage Take

T. Take a chance Take cou-rage Take charge

B. Take a chance Take a chance Take cou- rage Take

S. Take a chance Take cou- rage Take charge *mf*

A. Take a chance Take cou- rage Take charge *mf*

T. Take a chance Take cou- rage Take charge *mf*

B. Take a chance Take cou- rage Take charge *mf*

Pno.

184

Aud. charge Take a stand Take pride Take

S. Take a stand Take a stand Take pride Take pride Take joy

A. charge stand Take a stand Take pride Take pride Take joy

T. Take a stand Take pride Take joy

B. charge Take a stand Take pride Take pride Take joy

S. Take a stand Take pride Take joy *f*

A. Take a stand Take pride Take joy *f*

T. Take a stand Take pride Take joy *f*

B. Take a stand Take pride Take joy *f*

Pno.

190

Aud. joy Take__ pause Take a mo ment Take a breath

S. Take pause Take a mo ment Take a breath Take what you

A. Take pause Take a mo ment Take a breath Take what you

T. Take pause Take a mo ment Take a breath Take what you

B. Take pause Take a mo ment Take a breath Take what you

S. Take pause Take a mo ment Take a breath Take what you

A. Take pause Take a mo ment Take a breath Take what you

T. Take pause Take a mo ment Take a breath Take what you

B. Take pause Take a mo ment Take a breath Take what you

Pno.

197

Aud. *mf* Take ____ what you need Take ____ what you need

S. *mf* need Take ____ what you need Take ____ what you

A. *mf* need Take what you need Take what you

T. *mf* need Take what you need Take what you

B. *mf* need Take what you need Take what you

S. *mf* need Take ____ what you need Take ____ what you

A. *mf* need Take what you need Take what you

T. *mf* need Take what you need Take what you

B. *mf* need Take what you need Take what you

Pno.

The musical score is for measures 197-200. It features five vocal parts (Audience, Soprano, Alto, Tenor, Bass) and a Piano accompaniment. The lyrics are "Take what you need". The music includes triplets and sustained notes. The piano part has a rhythmic accompaniment with triplets in the right hand and sustained notes in the left hand.

201

Aud. *Take* what you need

S. *mp* need *Take* what you need

A. *mp* need you need

T. *mp* need *Take* what you need

B. *mp* need you need

S. *mp* need *Take* what you need

A. *mp* need you need

T. *mp* need *Take* what you need

B. *mp* need you need

Pno.

205 **F Interlude 3** (same as Interlude 1/2 - this interlude was originally written for strings -
in piano version, feel free to vamp or add more rhythm if playing slowly)

Pno.

Pno.

Pno.

Pno.

repeat until conductor cue

Aud.

239

Take _____ what you need Take _____

(Soprano: Gesture to audience to sing with you)

S.

Take _____ what you need Take _____

Pno.

if going on
leap up to C

244

Aud. *mp* what you need Take what you need Take what you need Take

S. *mp* what you need Take what you need Take what you need Take

S. *mp* Take a mo - ment Take a breath Take time

A. *mp* Take a mo - ment Take a breath Take time

T. *mp* Take a mo - ment Take a breath Take time

B. *mp* Take a mo - ment Take a breath Take time

Pno. *mp* Chorus 4 - TWYN descant

250

Aud. *mf* what you need Take what you need Take what you need Take what you need

S. *mf* what you need Take what you need Take what you need Take what you need

S. *mf* Take care Take heart Take hope Take a

A. *mf* Take care Take heart Take hope Take a

T. *mf* Take care Take heart Take hope Take a

B. *mf* Take care Take heart Take hope Take a

Pno. *mf*

257

Aud. Take _____ what you need Take _____ what you need Take _____ what you need

S. Take _____ what you need Take _____ what you need Take _____ what you need

S. *mp* step _____ Take a chance _____ Take _____ cou - rage _____ Take _____ *mf*

A. *mp* step _____ Take a chance _____ Take _____ cou - rage _____ Take _____ *mf*

T. *mp* step _____ Take a chance _____ Take _____ cou - rage _____ Take _____ *mf*

B. *mp* step _____ Take a chance _____ Take _____ cou - rage _____ Take _____ *mf*

Pno.

263

Aud. Take _____ what you need Take _____ what you need Take _____ what you need

S. Take _____ what you need Take _____ what you need Take _____ what you need

S. charge _____ Take a stand _____ Take _____ pride _____ Take _____

A. charge _____ Take a stand _____ Take _____ pride _____ Take _____

T. charge _____ Take a stand _____ Take _____ pride _____ Take _____

B. charge _____ Take a stand _____ Take _____ pride _____ Take _____

Pno.

269

Aud. Take _____ what you need Take _____ what you need Take _____ what you need

S. Take _____ what you need Take _____ what you need Take _____ what you need

S. *f* joy _____ Take *mp* pause _____ Take a mo - ment _____ Take a

A. *f* joy _____ Take *mp* pause _____ Take a mo - ment _____ Take a

T. *f* joy _____ Take *mp* pause _____ Take a mo - ment _____ Take a

B. *f* joy _____ Take *mp* pause _____ Take a mo - ment _____ Take a

Pno.

275

Aud. Take _____ what you need Take _____ what you need Take _____ what you

S. Take _____ what you need Take _____ what you need Take _____ what you

S. *mf* breath _____ Take *mf* what you need Take _____ what you need

A. *mf* breath _____ Take what you need Take what you need

T. *mf* breath _____ Take what you need Take what you need

B. *mf* breath _____ Take what you need Take what you need

Pno.

280

Aud. need Take___ what you need Take___ what you need

S. need Take___ what you need Take___ what you need

S. Take___ what you need SOLO: Take___ what you

A. Take what you need *mp* you need

T. Take what you need *mp* Take___ what you need

B. Take what you need *mp* you need

Pno.

285

Aud. Take___ what you need Take___ what you need

S. Take___ what you need Take___ what you need

S. need Take___ what you need Take___ what you

A.

T.

B.

Pno.

289

Aud. Take what you need Take what you need

S. Take what you need Take what you need

S. need Take what you need

A. — — — —

T. — — — —

B. — — — —

Pno. — — — —

NOTE: The length of this piece is simply to give you as many options and variations as you need, both to create ample opportunity for creativity in the interludes, and to showcase the choir in different ways. There is certainly no need to perform all four choruses. Common cuts include: [Chorus 1 > Interlude > Chorus 2] and [Chorus 1 > Interlude > Chorus 2 > Interlude > Chorus 4], but any combination is possible to accommodate your needs.