

# Take What You Need

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♩=80

Take a moment

6

mo - ment Take a breath Take time Take care

12

care Take heart Take hope Take a step

18

step Take a chance Take cou - rage Take

23 Take charge Take a stand Take pride

charge Take a stand Take pride Take

29 Take joy Take pause

joy Take pause Take a

33 Take a mo - ment Take a breath

mo - ment Take a breath Take what you

37 Take what you need

need Take what you need Take what you

41 Take what you need

need Take what you need Take a need need